

**MINNESOTA STATE COLLEGES AND  
UNIVERSITIES  
ARTICULATION AGREEMENT BETWEEN**

**Alexandria Technical & Community College  
005544  
AND  
Southwest Minnesota State University  
002375**

\*The Board of Trustees of the Minnesota State Colleges and Universities is authorized by Minnesota Statutes, Chapter 136F to enter into Agreements and has delegated this authority to colleges and universities.

This Agreement is entered into between **Alexandria Technical & Community College** 1601 Jefferson Street, Alexandria MN 56308 (hereinafter sending institution), and **Southwest Minnesota State University**, Marshall, MN (hereinafter receiving institution). This Agreement and any amendments and supplements, shall be interpreted pursuant to the laws of the State of Minnesota.

The sending institution has established a Health and Fitness Specialist, AAS (hereinafter sending program), and the receiving institution has established a

**Exercise Science, BS**

(hereinafter receiving program), and will facilitate credit transfer and provide a smooth transition from one related program to another. It is mutually agreed:

**Admission and Graduation Requirements**

- A. The receiving institution's admission and program admission requirements apply to both direct entry students and to students who transfer under this agreement.
- B. Students must fulfill the graduation requirements at both institutions.
- C. Students must complete the entire sending program and meet the receiving institution's admission requirements for the agreement to apply, including grade requirements for courses and an overall GPA requirement

**Transfer of Credits**

- A. The receiving institution will accept **69** credits from the sending program. A total of **76** credits remain to complete the receiving program.
- B. Courses will transfer as described in the attached Program Articulation Table. For system institutions, once the courses are encoded, they will transfer as described in the "Transferology" audit.

**Implementation and Review**

- A. The Chief Academic Officers or designees of the parties to this agreement will implement the terms of this agreement, including identifying and incorporating any changes into subsequent agreements, assuring compliance with system policy, procedure and guidelines, and conducting a periodic review of this agreement
- B. This Articulation Agreement is effective on 03/01/2015 and shall remain in effect until the end date of 07/31/2020 or for five years, whichever occurs first, unless terminated or amended by either party with 90 days prior written notice.
- C. The college and university shall work with students to resolve the transfer of courses changes to either program occur while the agreement is in effect.
- D. This Articulation Agreement will be reviewed by both parties beginning 01/31/2020 (within six months of the end date).
- E. When a student notifies the receiving institution of their intent to follow this agreement, the receiving institution will encode course waivers and substitutions

**PROGRAM ARTICULATION TABLE**

|                                                  |                                          |                                      |
|--------------------------------------------------|------------------------------------------|--------------------------------------|
|                                                  | College (sending)                        | University (receiving)               |
| Institution                                      | Alexandria Technical & Community College | Southwest Minnesota State University |
| Program name                                     | Health and Fitness Specialist            | Exercise Science                     |
| Award Type (e.g., AS)                            | AAS                                      | BS                                   |
| Credit Length                                    | 69                                       | 120                                  |
| CIP code (6-digit)                               | 31.0507                                  | 31.0505                              |
| Describe program admission requirements (if any) |                                          |                                      |

**Instructions**

- List all required courses in both academic programs.
- MnTC goal areas transfer to the receiving institution according to the goal areas designated by the sending institution.
- Do not indicate a goal area for general education courses that are not part of the MnTC.
- For restricted or unrestricted electives, list number of credits.
- Credits applied: the receiving institution course credit amount may be more or less than the sending institution credit amount. Enter the number of credits that the receiving institution will apply toward degree completion.
- Show equivalent university-college courses on the same row to ensure accurate DARS encoding.
- Equiv/Sub/Wav column: If a course is to be encoded as equivalent, enter Equiv. If a course is to be accepted by the university as a "substitution" only for the purposes of this agreement, enter Sub. If a course requirement is waived by the receiving institution, enter Wav. If a course is to be accepted by the university as a MnTC goal area, restricted elective or unrestricted elective, leave the cell blank.

(To add rows, place cursor outside of the end of a row and press enter.)

**SECTION A - Minnesota Transfer Curriculum-General Education**

| College (sending)                               |        |                         |         |           | University (receiving) |        |                     |                      |                 |                 |
|-------------------------------------------------|--------|-------------------------|---------|-----------|------------------------|--------|---------------------|----------------------|-----------------|-----------------|
| Minnesota Transfer Curriculum-General Education |        |                         |         |           |                        |        |                     |                      |                 |                 |
| Course prefix                                   | number | name                    | Goal(s) | Credits   | Course prefix          | number | name                | Goal(s) <sup>1</sup> | Credits Applied | Equiv, Sub, Wav |
| ENGL                                            | 1460   | Technical Writing       | 1&2     | 3         |                        |        | MnTC Goal 1 & 2     | 1&2                  | 3               |                 |
| BIOL                                            | 1416   | Essentials of Anat&Phys | 3       | 3         |                        |        | MnTC Goal 3         | 3                    | 3               |                 |
| BIOL                                            | 1435   | Principles of Nutrition | 3       | 3         | EXSC                   | 225    | Nutrition           | 3                    | 3               | Equiv           |
| MATH                                            | 1415   | Math Reasoning          | 4       | 3         | MATH                   | 101    | Great Ideas of Math | 4                    | 3               | Equiv           |
| PSYC                                            | 1445   | General Psychology      | 5       | 3         | PSYC                   | 101    | General Psychology  | 5                    | 3               | Equiv           |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
|                                                 |        |                         |         |           |                        |        |                     | 0                    | 0               |                 |
| <b>MnTC/General Education Total</b>             |        |                         |         | <b>15</b> |                        |        |                     |                      |                 |                 |

Special Notes, if any:



## SECTION B - Major, Emphasis, Restricted and Unrestricted Electives or Other

(pre-requisite courses, required core courses, required courses in an emphasis, or electives (restricted or general) within the major). Restricted electives (in Major) fulfill a specific requirement within a major. Example A: "Chose two of the following three courses;" Example B: A Biology degree may require 40 science credits (20 credits of required courses + 20 credits of listed related courses, such as botany, genetics, sociobiology, etc. which students can select).

| Major, Emphasis, Restricted, Unrestricted Electives or Other Courses |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
|----------------------------------------------------------------------|--------|----------------------------------|-----------|--------------------------------------------------------------------|--------|------------------------------------|-----------------|-----------------|--|--|
| Course prefix                                                        | number | name                             | Credits   | Course prefix                                                      | number | name                               | Credits Applied | Equiv, Sub, Wav |  |  |
| HEFI                                                                 | 1602   | Training Pinc & Methodology II   | 3         | EXSC                                                               | 100L   | Anatomical Kinesiology Lab         | 3               | Sub             |  |  |
| HEFI                                                                 | 1605   | Cardiovascular&Grp Fitness Trng  | 3         | EXSC                                                               | 350L   | Exercise Physiology Lab            | 3               | Sub             |  |  |
| HEFI                                                                 | 1612   | Anatomy,Biomech & Exer Phys II   | 3         | EXSC                                                               | 350    | Exercise Physiology                | 3               | Sub             |  |  |
| HEFI                                                                 | 2602   | Sport Perf & Resistance Trng     | 3         | EXSC                                                               | 360    | Exercise Leadership & Athl Enhance | 3               | Sub             |  |  |
| Restricted elective credits - list courses (if none enter 0)         |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
| BIOL                                                                 | 1439   | Nutrition II                     | 2         |                                                                    |        | Transfer Course                    | 2               |                 |  |  |
| ITEC                                                                 | 1430   | Intro to Computers               | 3         | MGMT                                                               | 221    | Computer Concepts                  | 3               | Equip           |  |  |
| HLTH                                                                 | 1620   | AHA Basic Life Support           | 1         |                                                                    |        | Transfer Course                    | 1               |                 |  |  |
| PHED                                                                 | 1504   | Wellness & Fitness               | 1         | PE                                                                 | 170    | Personal Fitness                   | 1               | Equip           |  |  |
| HEFI                                                                 | 1601   | Training Prin & Methodology      | 3         |                                                                    |        | Transfer Course                    | 3               |                 |  |  |
| HEFI                                                                 | 1609   | Human Motion                     | 3         |                                                                    |        | Transfer Course                    | 3               |                 |  |  |
| HEFI                                                                 | 1618   | Personal Fitness I               | 2         |                                                                    |        | Transfer Course                    | 2               |                 |  |  |
| HEFI                                                                 | 1620   | Exercise Mgmt for Special Popula | 4         |                                                                    |        | Transfer Course                    | 4               |                 |  |  |
| HEFI                                                                 | 1615   | Program Design & Application     | 3         |                                                                    |        | Transfer Course                    | 3               |                 |  |  |
| HEFI                                                                 | 2609   | Personal Fitness II              | 2         |                                                                    |        | Transfer Course                    | 2               |                 |  |  |
| HEFI                                                                 | 2604   | Program Design & ApplicationII   | 3         |                                                                    |        | Transfer Course                    | 3               |                 |  |  |
| HEFI                                                                 | 2621   | Exercise Mgmt for Special Pop II | 3         |                                                                    |        | Transfer Course                    | 3               |                 |  |  |
| HEFI                                                                 | 2610   | Advanced & Specialized Fit Prog  | 2         |                                                                    |        | Transfer Course                    | 2               |                 |  |  |
| HEFI                                                                 | 2630   | Preparation Certification Exams  | 1         |                                                                    |        | Transfer Course                    | 1               |                 |  |  |
| HEFI                                                                 | 2640   | Personal Fitness III             | 1         |                                                                    |        | Transfer Course                    | 1               |                 |  |  |
| Unrestricted elective credits                                        |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
| College's unrestricted elective credits accepted in transfer         |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
| COMM                                                                 | 1442   | Student Success                  | 1         |                                                                    |        |                                    | 1               |                 |  |  |
| COMM                                                                 | 1439   | Job Seeking & Keeping Skills     | 1         |                                                                    |        |                                    | 1               |                 |  |  |
| MKTG                                                                 | 1530   | Counselor Selling                | 3         |                                                                    |        |                                    | 3               |                 |  |  |
| MKTG                                                                 | 1525   | Prin of Marketing                | 3         |                                                                    |        |                                    | 3               |                 |  |  |
| Unrestricted Elective Conversion                                     |        |                                  | (8)       | Unrestrictive Electives                                            |        |                                    |                 |                 |  |  |
|                                                                      |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
|                                                                      |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
|                                                                      |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
|                                                                      |        |                                  |           |                                                                    |        |                                    |                 |                 |  |  |
| <b>Major, Emphasis, Unrestricted Electives Total</b>                 |        |                                  | <b>54</b> | <b>Total College Credits Applied<br/>(sum of sections A and B)</b> |        |                                    |                 | <b>69</b>       |  |  |

**SECTION C - Remaining University (receiving) Requirements**

| Major course prefix, number and name                                                                |                         |        |                                         |           |
|-----------------------------------------------------------------------------------------------------|-------------------------|--------|-----------------------------------------|-----------|
|                                                                                                     | Course prefix           | number | name                                    | Credits   |
|                                                                                                     | CHEM                    | 121    | Basic Chemistry                         | 3         |
|                                                                                                     | CHEM                    | 121L   | Basic Chemistry Lab                     | 1         |
|                                                                                                     | MATH                    | 200    | Statistics                              | 3         |
|                                                                                                     | MATH                    | 201    | Statistical Software                    | 1         |
| 8                                                                                                   | Start of Upper Division |        |                                         |           |
|                                                                                                     | ENG                     | 360    | Scientific & Technical Writing          | 3         |
|                                                                                                     | EXSC                    | 100    | Anatomical Kinesiology                  | 3         |
|                                                                                                     | EXSC                    | 300    | Biomechanics of Human Motion            | 3         |
|                                                                                                     | EXSC                    | 325    | Nutrition & Exercise                    | 2         |
|                                                                                                     | EXSC                    | 390    | Fitness Assessment                      | 2         |
|                                                                                                     | EXSC                    | 400    | Motor Learning & Development            | 2         |
|                                                                                                     | EXSC                    | 460    | Corporate Wellness & Hlth Evaluation    | 3         |
|                                                                                                     | EXSC                    | 475    | Principles of Training & Conditioning   | 2         |
|                                                                                                     | EXSC                    | 490    | Exercise Prescription                   | 2         |
|                                                                                                     | EXSC                    | 499    | Professional Practicum                  | 3         |
|                                                                                                     | BADM                    | 305    | Business Law                            | 3         |
|                                                                                                     | FIN                     | 330    | Financial Management for Small Business | 3         |
|                                                                                                     | MGMT                    | 300    | Management Principles                   | 3         |
|                                                                                                     | MGMT                    | 350    | Human Resources                         | 3         |
|                                                                                                     | MKTG                    | 301    | Principles of Marketing                 | 3         |
| UPPER DIVISION (Major) ELECTIVE COURSE FROM APPROVED LIST                                           |                         |        |                                         |           |
|                                                                                                     | LEP                     | 400    |                                         | 3         |
| Total Upper Division complete by articulation                                                       |                         |        |                                         | ( 43 )    |
| Unrestrict upper division elective to meet 40 credits                                               |                         |        |                                         | 0         |
| MNTC Courses to reach Min of 40 credits and 10 goal areas                                           |                         |        |                                         | 18        |
|                                                                                                     |                         |        |                                         |           |
|                                                                                                     |                         |        |                                         |           |
| University unrestricted elective credits not counted elsewhere to meet 120 total credit requirement |                         |        |                                         | 7         |
| <b>Total Remaining University Credits<sup>2</sup></b>                                               |                         |        |                                         | <b>76</b> |

Total Major Credits left to complete  
48

Special Notes, if any:

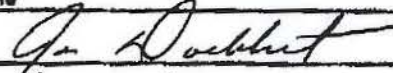


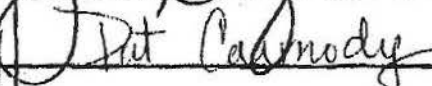
**SECTION D - Summary of Total Program Credits**

| College (sending) Credits                        |           | University (receiving) Requirements                                           |            |
|--------------------------------------------------|-----------|-------------------------------------------------------------------------------|------------|
| MnTC/General Education                           | 15        |                                                                               |            |
| Major, Emphasis, Unrestricted Electives or Other | 54        |                                                                               |            |
| <b>Total College Credits</b>                     | <b>69</b> | <b>Total College Credits Applied</b>                                          | <b>69</b>  |
|                                                  |           | <b>Remaining credit to be taken at the university (receiving institution)</b> | <b>76</b>  |
|                                                  |           | <b>Credits required to reach 120 total credits (Electives)</b>                | <b>0</b>   |
|                                                  |           | <b>Total Program Credits</b>                                                  | <b>145</b> |

Special Notes, if any:

<sup>1</sup> MnTC goal areas transfer to the receiving MnBCU college/university according to the goal areas designated by the sending college/university

<sup>2</sup> At least 40 of the required credits for the baccalaureate degree shall be at the upper-division level. If a lower-division course is shown as equivalent to an upper-division course, check with the university to determine if it will count toward the 40 required credits of upper-division

| College                | Name         | Signature                                                                          | Date    |
|------------------------|--------------|------------------------------------------------------------------------------------|---------|
| Chief Academic Officer | Jan Doebbert |  | 6-16-15 |
| President              | Laura Urban  |  | 6-17-15 |
| University             | Name         | Signature                                                                          | Date    |
| Chief Academic Officer | Jan Loft     |  | 6/3/15  |
|                        | Pat Carmody  |  | 6/5/15  |
| DARS Encoder           |              |                                                                                    |         |

Date when equivalencies were verified/entered in DARS by the receiving MnBCU institution