

**MINNESOTA STATE COLLEGES AND
UNIVERSITIES*
ARTICULATION AGREEMENT
BETWEEN**

**Alexandria Technical and Community College
AND
Minnesota State University Moorhead**

*The Board of Trustees of the Minnesota State Colleges and Universities is authorized by Minnesota Statutes, Chapter 136F to enter into Agreements and has delegated this authority to colleges and universities.

This Agreement is entered into between Alexandria Technical and Community College (hereinafter sending institution), and Minnesota State University Moorhead (hereinafter receiving institution). This Agreement and any amendments and supplements, shall be interpreted pursuant to the laws of the State of Minnesota.

The sending institution has established an Exercise Science AAS (hereinafter sending program), and the receiving institution has established an Exercise Science BS (hereinafter receiving program), and will facilitate credit transfer and provide a smooth transition from one related program to another. It is mutually agreed:

Admission and Graduation Requirements

- A. The receiving institution's admission and program admission requirements apply to both direct entry students and to students who transfer under this agreement.
- B. Students must fulfill the graduation requirements at both institutions.
- C. Students must complete the entire sending program and meet the receiving institution's admission requirements for the agreement to apply.

Transfer of Credits

- A. The receiving institution will accept 58 credits from the sending program. A total of 62 credits remain to complete the receiving program.
- B. Courses will transfer as described in the attached Program Articulation Table. For system institutions, once the courses are encoded, they will transfer as described in the Transferology Audit.

Implementation and Review

- A. The Chief Academic Officers or designees of the parties to this agreement will implement the terms of this agreement, including identifying and incorporating any changes into subsequent agreements, assuring compliance with system policy, procedure and guidelines, and conducting a periodic review of this agreement.
- B. This Articulation Agreement is effective on 12/15/2019 and shall remain in effect until the end date of 12/15/2024 or for five years, whichever occurs first, unless terminated or amended by either party with 90 days prior written notice.
- C. The college and university shall work with students to resolve the transfer of courses should changes to either program occur while the agreement is in effect.
- D. This Articulation Agreement will be reviewed by both parties beginning 06/15/2024 (within six months of the end date).
- E. When a student notifies the receiving institution of their intent to follow this agreement, the receiving institution will encode course waivers and substitutions.

PROGRAM ARTICULATION TABLE

	College (sending)	University (receiving)
Institution	Alexandria Technical and Community College	Minnesota State University Moorhead
Program name	Exercise Science	Exercise Science
Award Type (e.g., AS)	AAS	BS
Credit Length	60	120
CIP code (6-digit)	31.0507	31.050501
Describe program admission requirements (if any)		

Instructions

- List all required courses in both academic programs.
- MnTC goal areas transfer to the receiving institution according to the goal areas designated by the sending institution.
- Do not indicate a goal area for general education courses that are not part of the MnTC.
- For restricted or unrestricted electives, list number of credits.
- Credits applied: the receiving institution course credit amount may be more or less than the sending institution credit amount. Enter the number of credits that the receiving institution will apply toward degree completion.
- Show equivalent university-college courses on the same row to ensure accurate DARS encoding.
- Equiv/Sub/Wav column: If a course is to be encoded as equivalent, enter Equiv. If a course is to be accepted by the university as a "substitution" only for the purposes of this agreement, enter Sub. If a course requirement is waived by the receiving institution, enter Wav. If a course is to be accepted by the university as a MnTC goal area, restricted elective or unrestricted elective, leave the cell blank.

(To add rows, place cursor outside of the end of a row and press enter.)

SECTION A - Minnesota Transfer Curriculum-General Education

College (sending)			University (receiving)			
course prefix, number and name	Goal(s) ¹	Credits	course prefix, number and name	Goal(s) ¹	Credits Applied	Equiv Sub Wav
Minnesota Transfer Curriculum-General Education						
ENGL 1460 Technical Writing	1,2	3	Goal Area 1	1	3	
BIOL 1416 Essentials of Anatomy & Physiology	3	3	*PE 321 Human Physiology	3	3	Equiv
BIOL 1435 Principles of Nutrition	3	3	*HLTH 305 Intro to Nutrition	3	3	Equiv
PSYC 1445 General Psychology	5	3	PSY 113 General Psychology	5	3	Equiv
MATH 1415 Mathematical Reasoning	4	3	MATH 105 Contemporary Math	4	3	Equiv
MnTC/General Education Total		15				

Special Notes, if any: MSUM will accept other MnTC credits and will transfer the same number of credits and goal areas ATCC awards.

*The course doesn't count toward the 40 upper division credit requirement.

SECTION B - Major, Emphasis, Restricted and Unrestricted Electives or Other

(pre-requisite courses, required core courses, required courses in an emphasis, or electives (restricted or general) within the major). Restricted electives (in Major) fulfill a specific requirement within a major. Example A: "Chose two of the following three courses;" Example B: "A

¹ MnTC goal areas transfer to the receiving MnSCU college/university according to the goal areas designated by the sending college/university

Biology degree may require 40 science credits (20 credits of required courses + 20 credits of listed related courses, such as botany, genetics, sociobiology, etc. which students can select).

Major, Emphasis, Restricted, Unrestricted Electives or Other Courses				
EXSC 1620 Princ of Health, Wellness, & Fitness (2) AND EXSC 1650 Personal Fitness I (2)	4	HLTH 110 Personal Health & Wellness (3)	4	Equiv
EXSC 1600 Training Princ & Methodology I	3	Electives	39	
EXSC 1610 Essentials of Cardio & Mobility Training	3			
EXSC 1630 Training Princ & Methodology II	3			
EXSC 1640 Anatomy, Biomechanics & Ex Physiology	3			
EXSC 1660 Human Motion	3			
BIOL 1439 Nutrition II	2			
EXSC 2600 Exercise Program Design	3			
EXSC 2610 Training for Sports Performance	3			
EXSC 2620 Personal Fitness II	1			
EXSC 2630 Exercise for Special Populations	3			
EXSC 2640 Practical Application of Prog Design	4			
EXSC 2650 Adv & Specialized Fitness Programs	2			
EXSC 2660 Professional Development in Exer Science	3			
MKTG 1530 Counselor Selling	3			
COMM 1439 Job Seeking/ Keeping Skills (1), ITEC 1445 Personal Computer Skills (1)	2	Not Applicable	0	
Major, Emphasis, Unrestricted Electives Total	45	Total College Credits Applied (sum of sections A and B)	58	

Special Notes, if any:

SECTION C - Remaining University (receiving) Requirements

course prefix, number and name	Credits
Remaining general education/ LASC goal areas and credits*	27
AT 220 Care and Preventions of Injuries & Illnesses	3
HLTH 125 First Aid and CPR	2
HLTH 330 Disease Prevention	2
PE 202 Strength & Conditioning Exercise Techniques	1
PE 302 Strength & Conditioning Program Design	2
PE 310 Sport & Play in the US	3
PE 311 Motor Learning	2
PE 320 Anatomical Kinesiology	3
PE 365 Health & Fitness Instructor	3
PE 402 Strength & Conditioning Practicum	1
PE 420 Biomechanics	3
PE 421 Physiology of Exercise	3
PE 469 Internship	2 - 4
PE 473 Exercise Testing & Interpretation	3
Upper Division Electives	0 - 2
Total Remaining University Credits²	62


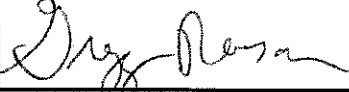
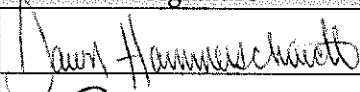
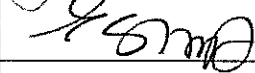
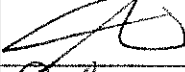

Special Notes: *Students should take as many general education/ LASC courses at the upper division as possible to help fulfill the requirement of 40 credits at the upper division level (300 & 400).

SECTION D - Summary of Total Program Credits

College (sending) Credits		University (receiving) Requirements	
MnTC/General Education	15		
Major, Emphasis, Unrestricted Electives or Other	45		
Total College Credits	60	Total College Credits Applied	58
		Remaining credit to be taken at the university (receiving institution)	62

	Total Program Credits	120
Special Notes, if any:		

² At least 40 of the required credits for the baccalaureate degree shall be at the upper-division level. If a lower division course is shown as equivalent to an upper division course, check with the university to determine if it will count toward the 40 required credits of upper division.

College	Name	Signature	Date
Dean of Health and Nursing	Merilee Retzloff		12-2-19
Vice President of Academic Affairs and Students	Gregg Raisanen		12-2-19
University	Name	Signature	Date
Department Chairperson	Dawn Hammerschmidt		12/13/19
Academic Dean	Lisa Nawrot		12/18/19
Chief Academic Officer	Arrick Jackson		12/20/19
DARS Encoder	Jolene Richardson		1/9/2020
Date when equivalencies were verified/encoded in DARS by the receiving MnSCU institution.			